













BLISSFUL BREAKFAST ON THE RUN

Full Breakfast Buffet	2040	
Fresh Fruit Juice, Cereal, Yoghurt and Fruit Salad One Croissants, Two Pancakes, Two slices of Toast and Butter Coffee or Tea		




TAPAS BITS AND PIECES

Fried Cashew Nuts	820	
Cheese and Onion	970	
Diced cheddar cheese, served with onion rings, chopped chilies and olives		
Vegetable Samosa	410	
Served 3pcs, garnished with lemon wedges		
Mutton Samosa	510	
Served 3pcs, garnished with lemon wedges		
Chicken Spring Roll	560	
Served 3pcs, w/house made Sweet and Sour sauce		






SOUPS

Mushroom Soup	660	
A chef's ultimate comfort food with switched up ingredients and creative twists		
Vegetable Soup	660	
Mastering the Art of French Cooking, is rich and creamy with leeks, and heavy cream		
Tomato Soup	660	
Made with ripe tomatoes, vegetable stock, herbs and topped up with crispy croutons and a touch of double cream		
Carrot & Ginger Soup	660	
A heavenly blend of ginger and carrot to tickle your taste buds		
Chicken Soup	660	
A brilliant combination of chicken, onion, garlic, carrots and celery		
Bliss Fisherman Pepper Soup	770	
A house specialty, an Indian ocean version of bouillabaisse served with croutons		
Calamari with Vegetables and Mushrooms	770	
Combination of Calamari rings tossed in Ginger, Garlic, Mushrooms and Vegetables		

SALADS

Greek Salad	1170	
Leafy greens and feta cheese along with ripe tomatoes, green capsicum, cucumber, onion, black olives. Seasoned with salt and oregano.		
Caesar Chicken Salad	1330	
A lovely combination of chicken strips, lettuce, tomatoes, capers, bacon, bread croutons and cheese with Caesar dressing		
Tuna Salad	1480	
A happy marriage of tuna, hard boiled eggs, French beans, potatoes, olives and capers.		
Chicken Almond Salad	1480	
Shredded chicken, red onion, spring onion, parsley, lettuce and almond flax		
Queen Prawn Salad	1630	
Queen prawns tossed in lemon-garlic butter sauce and lettuce.		
Avocado and Egg Salad	1120	
Avocado cubes mixed and boiled eggs seasoned with black pepper and mayonnaise		
Mixed Sea Food Salad	1680	
Calamari, queen prawns, snapper, green peppers, lime and olive oil dressing		

LIGHT AND RIGHT

Fish Fingers	1380	
Delicious fish strips lightly fried in bread crumbed and served with tartar sauce		
Chicken Nuggets	1430	
Bread crumbed chicken served with tartar sauce		
Chicken Satay	1430	
Skewers of boneless chicken in peanut butter sauce		
Prawns Piri Piri	1940	
Queen prawns grilled with garlic and lime juice in paprika sauce		
Lemon and Garlic Prawns	1940	
Sautéed prawns with lemon, garlic and parsley served with garlic bread		
Chicken Lollipop	1430	
Chicken coated with Breadcrumbs served with fries and tartar sauce		
Stir Fry Chicken	1430	
Chicken and Vegetables toasted in Garlic, Ginger, Soy Sauce,		

Oyster sauce, tomato sauce and sesame oil

Fried Chicken with Chips	1580	
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CHICKEN WINGS

BBQ Chicken Wings	1430	
Crispy wings tossed in our fresh homemade BBQ sauce		
Sweet and Sour Chicken Wings	1430	
Crispy wings served with a side of our homemade Sweet and Sour sauce		
Crispy Bread Crumbed Wings	1430	
Golden brown fried wings served with tartar sauce		
Peri Peri Chicken Wings	1430	
Chicken wings tossed in garlic spicy sauce		








SANDWICHES

Classical B.L.T	1280	
An old time favorite with a modern twist of bacon, lettuce and tomato		
Bliss Club Sandwich	1380	
A plain or toasted triple decker of fried eggs, chicken, bacon, tomatoes, onions and lettuce		
The Veggie	870	
Fresh tomato, cucumber and onion sprinkled with grated cheddar cheese		
Seafood Sandwich	1330	
Tasty marinated ginger and garlic fish and prawns with mayonnaise		

WRAPS





Grilled Chicken Wrap	1280	
A combination of sliced smoked chicken, feta and honey mustard mayo		
Seafarer	1280	
Smoked tuna, prawns, mayo and avocado		
Veggie Wrap	970	
Served with ranch dressing		

PIZZA

Margherita	1120	
Hawaiian	1280	
Mozzarella, Pineapple, Black olives		
Desi (Bliss special)	1430	
Mozzarella, Sweet corn, Tomato, Bell pepper, Onions, Chili		
Indiana Pizza	1330	
Mozzarella, Chicken tikka, Onion, Tomato, Coriander		
BBQ Chicken	1330	
Mozzarella, BBQ Chicken, Onion, Coriander		
Chicken Tikka	1330	
Mozzarella, Chicken Tikka, Tomato, Onion, Bell Pepper, Coriander		
Rustica	1330	
Tomato, mozzarella, bacon & pineapple		
Portofino	1480	
Tomato, mozzarella and fresh seafood		

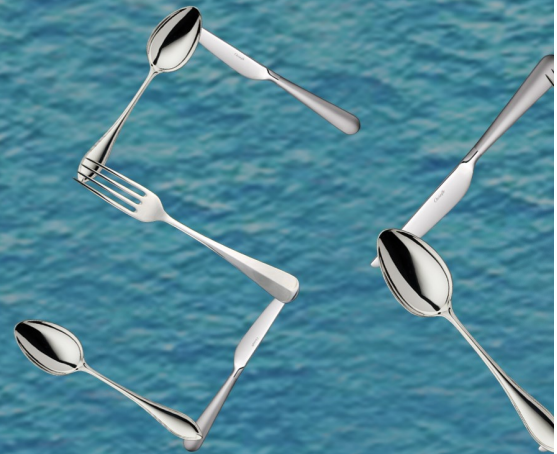
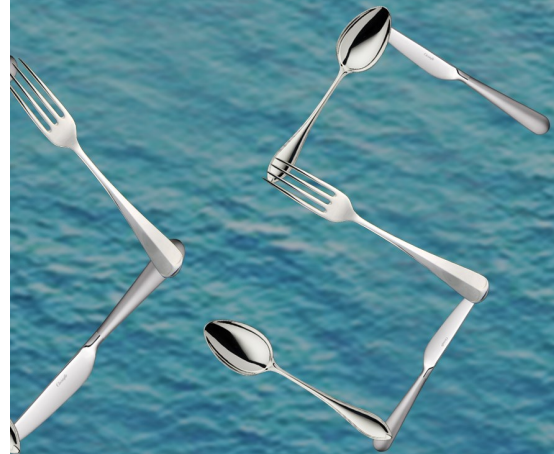
BURGERS

(Served with a small freshly-made salad & French fries)

Chicken Burger	1280	
Grilled chicken patty with lettuce, tomatoes and onion topped with mayo		
Cheese Chicken	1330	
Grilled chicken patty topped with cheese, lettuce, tomato, mayo and caramelized onion		
Lamb	1330	
Succulent grilled lamb mince topped with mayo		
Vegetarian	920	
Fresh Vegetable patty on a bed of lettuce and tomatoes		

ALL PRICES ARE INCLUSIVE OF TAX AND SERVICE CHARGE

KEY : SPICY  VEGETARIAN  CHICKEN  EGGS  SEA FOOD  PORK  MUTTON  NUTS 



ON A PLATE

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FRESHNESS

KICK-OFF

Kuku Kikapu	1480	
Quarter bread crumbed chicken breast, deep fried and served with French fries & Mayonnaise sauce		
Poussin Chicken	1530	
Half chicken deep fried and tossed in a hot paprika sauce		
Pork Chops	1630	
Tender succulent chops grilled and served with barbeque sauce		
'English style' Fish and Chips	1480	
Deep fried, battered fish with a generous portion of homemade chips and tartar sauce		
Grilled Red Snapper	1380	
Marinated fish fillet grilled to perfection served with lemon garlic butter sauce		
Lamb Chops	1630	
A prime lamb chops, marinated with herbs chargrilled, served with Rosemary garlic sauce		
Nyama ya Mchuzi (Choice of Mutton or Chicken)	1530	
Traditional stew served with a choice of Ugali, steam rice or African chapati.		
Mixed Grill Platter (serving for 2)	2650	
Mixed grill of chicken, Mbuzi ribs, sausages with potatoes, sautéed in onion rings & tomato served with kachumbari		
Creamy Honey Mustard Chicken	1530	
Tender chunks of chicken breast, creamy honey and mustard sauce		
Chooza Chicken	1480	
Spicy tender half spring chicken marinated in yoghurt and various spices served with chips and salad		

Creamy Bolognese

1480



A mutton mince sauce mixed with cream sauce, black pepper, basil and black olives

Spaghetti Bahari

1530



Spaghetti with a sauce of prawn and fish, tomatoes, garlic

THE BUTCHER'S CHAR-GRILLS

(Because we prepare our meats fresh for you, please allow minimum 40mins for all grills, served with kachumbari)

Kuku Muchomo

Full 1940

Half 1220

Mbuzi Muchomo

One kilo / Wet Fry 1940/2090

Half a kilo / Wet Fry 1220/1380

Mbuzi Ribs

One kilo / Wet Fry 1630/1790

Half a kilo / Wet Fry. 1070/1220

Honey Glazed Pork Ribs

One kilo 2960

Half a kilo 1790

BBQ Pork Ribs

One kilo 3010

Half a kilo 1790




Kuku Kienyeji

One kilo 2810

Half a kilo 1680

PASTA PERFECT

(Served with a choice of spaghetti or penne)

Pomodoro	1170	
Italian style pasta in tomato based sauce cooked in fresh basil, garlic and olive oil		
Chicken Carbonara	1480	
Tender diced chicken, bell peppers, mushrooms, bacon and eggs well cooked in a white cream sauce		
Spicy Meat Balls	1480	
Italian meat balls in a spicy tomato sauce		

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SEAFOOD

Mixed Sea Food Fried Rice 1380

Oriental fried rice with Prawns and Snapper

Tempura Squid 1430

Well marinated Calamari rings dipped in butter and deep fried, served with Tarter sauce

Samaki wa Kupaka

(Grilled Fish with Coconut sauce) 1430

Smoky flavor full grilled Tilapia coated with rich and thick creamy tamarind and Coconut Sauce served with Rice or Ugali

Sea food Platter 5100

Coconut coated Calamari rings, cider grilled Lobster, pepper grilled Red Snapper, deep fried King Prawns served with Buttered Potatoes, Lemon butter garlic sauce and Mayonnaise with Seasonal Vegetables

Grilled Lobster w/ Garlic-Parsley Butter(500g) 2650

A Well Marinated Lobster grilled to perfection with Lemon Garlic Butter Sauce sprinkled with Green Parsley

Grilled King Fish 1480

Grilled King Fish slices marinated with Garlic , Black Pepper served with Lemon Garlic Butter Sauce

SIDES

Plain Chips 460

Masala/Garlic/Poussin Chips 610/560/560

Mashed Potatoes 460

Mataha 510

Ugali 360

Steamed Rice 510

Egg Fried Rice 770

Stir Fry Veg Rice 770

Chicken Stir Fried Rice 1070

Roast/Sautéed/Lyonnaise Potatoes 560

Kachumbari 150

Creamed Spinach/ Mchicha 460

Stir Fry Vegetables 770

SWEET & TEMPTING

Tropical Fruit Salad 560

An assortment of fresh seasonal tropical fruit cuts

Deluxe Fruit Salad 770

Chunks of the various market available fruits topped up with a scoop of ice cream

Assorted Ice Cream flavors (vanilla, strawberry, chocolate flavors)

Double 410

Triple 610

Fruit Platter 1070

SWAHILI PILAU RICE

Chicken Pilau 1380

Mutton Pilau 1480

Samaki Pilau 1280

Prawn Pilau 2140

Egg Pilau 1220

KIDDIES' CORNER

Kiddie's Chicken Run 920

Crumbed chicken strips and homemade fries with tartar sauce

Mr. Wimpy 770

Tender grilled mini chicken burger, served with French fries and side salad

Mr. Bean 770

Spaghetti in tomato mutton Bolognese sauce garnished with cheese

Fried Chips & Sausage 660

Pan fried chicken sausage, served with chips and coleslaw

(Only for Kids)

CAKES

SLICE

Mable Cake 460

Carrot Cake 460

Banana Cake 460

Vanilla Cake 460

Chocolate Fudge 560

Brownies 560

Red Velvet 560

Black Forest 560

Other cake varieties available on request